

# [PDF] Building The Bonds Of Attachment

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## Books Details:

Title: Building the Bonds of Attachm

Author:

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Language:

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## Description:

**Review** Everyone's read them—those books that fundamentally change the way you look at things. Before reading *Building the Bonds of Attachment*, I had read a great deal on the subject. Despite recurring behavioral problems with my older child, I thought I was on the right track. Then I read Hughes's book and finally understood what I had to do help my daughter. This is the book I'd recommend to every adoptive parent. (Ann Keisling *Adoptive Families Magazine*)

I thought the first edition of *Building the Bonds of Attachment* a magnificent book and recommended it to everyone I knew. The changes in the second edition make it even more essential reading for all who care for and work with children who have suffered neglect, loss, and trauma, and therefore haven't a clue about how to love and connect with others. This beautifully realized story of a young girl's struggle to learn how to love makes gripping reading and will be an inspiration for all those whocare for troubled children. In dramatized form the book presents a model both for the kind of therapy and the equally important kinds of parenting, that are needed to awaken love in deeply

troubled children. The approach, which is securely founded in the very latest research about trauma, attachment and brain development clearly lays out the kinds of care that a child needs in order to overcome the scarring effects of early neglect and frightening physical abuse. An important new emphasis is on the crucial importance of caregivers' understanding and coming to terms with their own early attachment experiences. This is a must read book that will have a profound influence on the whole field of treatment of troubled children. (Phyllis B. Booth, MA, LCPC, LMFT, RPT/S, director of training at the Theraplay Institute)

Daniel Hughes has once again proven his keen insight into the psyches of unattached children. This book is filled with gems of wisdom about the therapeutic parenting of wounded children and the often counterintuitive ways one has to respond to their behavior. Through the voices of a foster mother, psychotherapist, and social worker, Hughes creates a pattern for understanding, empathizing, and treating these vulnerable and provocative children in a manner than can bring true healing, not just temporary relief. In this edition, Hughes has added the importance of having the mother look into her own attachment issues to ensure that the child can feel safe enough to relinquish control to her, an essential step toward self-regulation. This book is a must-read for all adoptive and foster parents and the professionals who work with them. (Nancy Verrier, adoptive mother, psychotherapist, and the author of *The Primal Wound and Coming Home To Self*)

Dr. Hughes has done the impossible: take the gold standard in practical texts for both the clinician and the foster or adoptive family, and make it better, by nearly any measure. Where would we have been without the first edition of this clear-headed, practical, clinically sound book? And now Dr. Hughes has taken the courageous step of modifying some of his own ideas and recommendations, in accord with new research, and the honing of his own views through continued clinical practice. (Michael Trout, author of *The Jonathon Letters*, Director of The Infant-Parent Institute, Inc)

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**From the Publisher** SPEICAL FEATURES: --Comprehensive model of treatment for high-risk, traumatized, children and youth --Application of attachment theory and research for psychotherapy and parenting --Narrative format for a detailed description of the model and interventions -- Applicable for both professional and lay readership

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