

# [PDF] The Divorce Remedy: The Proven 7-Step Program For Saving Your Marriage

**Michele Weiner Davis - pdf download free book**

---

**Books Details:**

Title: The Divorce Remedy: The Prove

Author: Michele Weiner Davis

Released: 2002-09-04

Language:

Pages: 320

ISBN: 0684873257

ISBN13: 978-0684873251

ASIN: 0684873257



**[CLICK HERE FOR DOWNLOAD](#)**

---

**pdf, mobi, epub, azw, kindle**

**Description:**

In the United States, half of all marriages do *not* end in divorce--despite the interference of hell-bent lawyers, biased therapists, the media, and even well-meaning friends. *The Divorce Remedy* aims to increase this percentage by offering seven clear steps that couples--or even one hopeful spouse--can implement privately. A therapist herself, relationship expert Michele Weiner Davis accurately (and often humorously) shows how typical counseling and communications tactics backfire. Her method for saving a marriage involves an effective blend of subtle and obvious action steps, each taken in specific order. After a myth-busting lecture on the realities of divorce, Weiner Davis thoroughly outlines her simple plan. Intimidating discussion topics and emotional letter writing are not required; as she succinctly puts it, "happiness is a do-it-yourself job." Poignant questions help

readers define their own needs, set specific marriage goals, and monitor results. Weiner Davis pays special attention to issues of infidelity, depression, midlife crises, and "passion meltdowns," showing how basic relationship skills (like understanding and patience) can reverse even the most dire marital scenarios. Clients' stories and letters provide ample testimony for the program's success, and despite her own zealous back-patting, Weiner Davis's sensible approach to revitalizing one's marriage seems truly worthy of praise and practice. --*Liane Thomas* --This text refers to an out of print or unavailable edition of this title.

**From** Therapist, relationship expert, and author of several books, including the best-seller *Divorce Busting* (1992), Davis continues her quest to save sick marriages with this, her latest, self-help book. Davis shares her no-frills seven-step program for revitalizing marriages that are in trouble. Free from "therapy-speak," and easy to understand and follow, this book should benefit readers who have the strength and desire to try to save a floundering marriage. In a reassuring, conversational tone, Davis shows readers how to identify specific marriage-saving goals, how to move beyond ineffective and hurtful ways of interacting with spouses, and how to look for positive signs of change in your marriage while also remaining calm, patient, and optimistic. Packed with helpful anecdotes and sound advice, Davis' book offers solutions and hope for many different types of marriage problems even if only one partner is participating. With nearly half of all U.S. marriages ending in divorce, and with Davis' proven track record, expect demand for this book. *Kathleen Hughes*  
*Copyright © American Library Association. All rights reserved* --This text refers to an out of print or unavailable edition of this title.

---

- Title: The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage
  - Author: Michele Weiner Davis
  - Released: 2002-09-04
  - Language:
  - Pages: 320
  - ISBN: 0684873257
  - ISBN13: 978-0684873251
  - ASIN: 0684873257
-