

[PDF] Weight Watchers 50th Anniversary Cookbook: 280 Delicious Recipes For Every Meal

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About the Author

WEIGHT WATCHERS INTERNATIONAL, INC. is the world's leading provider of weight management

services. Weight Watchers holds almost 45,000 meetings weekly where members receive group support and learn about healthy eating patterns, behavior modification and physical activity. The leading Internet-based weight management provider in the world, the company also offers a range of products and publications for those interested in managing their weight.

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