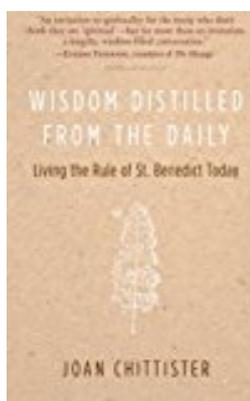


# [PDF] Wisdom Distilled From The Daily: Living The Rule Of St. Benedict Today

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Title: Wisdom Distilled from the Dai  
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Released: 2009-03-17  
Language:  
Pages: 224  
ISBN: 0060613998  
ISBN13: 978-0060613990  
ASIN: 0060613998

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## **Description:**

**From the Publisher** An examination of how the Rule of St. Benedict is still a relevant model for contemporary spiritual growth and connecting with God, with others, and with the inner self.

## **About the Author**

Joan Chittister is a member and former prioress of the Benedictine Sisters of Erie and currently the

executive director of the Alliance for International Monasticism (AIM). She is the author of Psalm Journal, Winds of Change, and WomanStrength: Modern Church, Modern Women.

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