

[PDF] Your Erroneous Zones: Step-by-Step Advice For Escaping The Trap Of Negative Thinking And Taking Control Of Your Life

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About the Author

Wayne W. Dyer is one of the most widely read authors today in the field of self-development. He is the author of many books, including such bestsellers as *Your Erroneous Zones*, *You'll See It When You Believe It*, and *Real Magic*.

A psychotherapist, Dyer received his doctorate in counseling psychology from Wayne State University and the University of Michigan, and has taught at many levels of education from high school through graduate study. He is the co-author of three textbooks, contributes to numerous professional journals and lectures extensively in the United States as well as abroad.

He appears regularly on radio and television shows around the country.

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