

[PDF] Power Of Thin: Change Your Thinking Change Your Weight

Steve G Jones, Frank Mangano - pdf download free book

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Description:

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Consumer health maverick (Frank Mangano) and foremost hypnosis authority (Steve G. Jones) join forces to create what may be the most influential fat melting wellness system the world has ever seen. Part one of "Power of Thin" takes an in-depth look at how you can use the Law of Attraction and hypnosis to lose weight permanently. Part two gives you the tools you need to make healthy lifestyle decisions and part three is full of healthy and delicious recipes that you will enjoy incorporating into your life. "Power of Thin" will give you everything you need in order to successfully shed the pounds, live longer and feel better, look better, develop more confidence and relieve stress.

About the Author

Steve G. Jones is a clinical hypnotherapist and is working on his doctorate degree in education from Georgia Southern University. He is the co-author, along with Frank Mangano of *You Can Attract It*, a book about the Law of Attraction. Steve has also written 22 books on hypnosis and appeared on Bravo, TruTV, Fox News, CBS and NBC. Frank Mangano is an author, researcher, health advocate and entrepreneur in the field of alternative health. Frank is the author of several books, including *The 60 Day Prescription Free Cholesterol Cure*, *The Mind Killer Defense*, which he co-authored with Dr. Cynthia Foster, M.D. and Kim Wierman, *You Can Attract It*, which he co-authored with Clinical Hypnotherapist Steve G. Jones and *The Blood Pressure Miracle*, which became a bestseller in three categories on Amazon.com within days of its release. Additionally, he has published numerous reports and articles on the topic of natural health.

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