

# [PDF] Slack: Getting Past Burnout, Busywork, And The Myth Of Total Efficiency

Tom DeMarco - pdf download free book

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**Books Details:**

Title: Slack: Getting Past Burnout,  
Author: Tom DeMarco  
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**Description:**

Another entry in the small but growing management library that suggests purposely slowing down and smelling the roses could actually boost productivity in today's 24/7 world, Tom DeMarco's *Slack* stands out because it is aimed at "the infernal busyness of the modern workplace." DeMarco writes, "Organizations sometimes become obsessed with efficiency and make themselves so busy that responsiveness and net effectiveness suffer." By intentionally creating downtime, or "slack,"

management will find a much-needed opportunity to build a "capacity to change" into an otherwise strained enterprise that will help companies respond more successfully to constantly evolving conditions. Focusing specifically on knowledge workers and the environment in which they toil, DeMarco addresses the corporate stress that results from going full-tilt, and offers remedies he thinks will foster growth instead of stagnation. Slack, he contends, is just the thing to nurture the out-of-box thinking required in the 21st century, and within these pages, he makes a strong case for it. --*Howard Rothman*

**From Publishers Weekly** DeMarco (Peopleware), a management consultant, says that in today's competitive, fast-moving economy, managers work far less effectively than before. Responding to restructuring and staff reductions, managers overemphasize deadlines and rush employees, sacrificing quality. Instead, says DeMarco, executives should encourage teamwork, discourage competition and allow training time. Unfortunately, tedious, jargon-heavy writing dulls DeMarco's worthwhile message.

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